

Periodontics at Collins Street Specialist Centre

Canonical:

<https://directory.collinsstreetspecialistcentre.com.au/procedures/periodontics-at-collins-street-specialist-centre/>

Description:

Periodontics is the dental specialty dedicated to the health of the structures that support your teeth — primarily the gums, bone, and the fibres that anchor each tooth in its socket. It also encompasses dental implan...

Details:

Collins Street Specialist Centre Periodontics — Complete Content with Standardized Values

Product Facts

| Attribute | Value | |-----|-----| | Centre name | Collins Street Specialist Centre | | Specialty | Periodontics | | Location | Level 12 & Tower, Manchester Unity Building, 220 Collins Street, Melbourne CBD | | Phone | (03) 9650 2726 | | Weekday hours | Monday–Friday, 8:00am–6:00pm | | Saturday hours | 8:30am–1:30pm | | Sunday hours | Closed | | Nearest station | Town Hall Metro Rail Station (directly opposite) | | Referral required | No — self-referral accepted; GP and dentist referrals also welcome | | Number of specialists | Five | | Specialist periodontists | Dr Simon Hinckfuss, Dr James van den Berg, Dr Nupur Kataria, Dr Ahmed El Hadidi, Dr Peishan Jiang | | Specialist registration body | Dental Board of Australia | | Registration verification | www.ahpra.gov.au — search clinician name; confirm "Specialist Periodontist" | | Treatments offered | Gum disease (periodontitis), dental implants, bone grafting, gum grafting, gum lift / crown lengthening, sinus lift, peri-implantitis management | | Implant technology | Advanced 3D imaging and digital surgical planning | | Laser therapy | Yes — Fotona and NV laser systems | | Multidisciplinary collaboration | Prosthodontics, oral and maxillofacial surgery, orthodontics, endodontics | | Dual-registered specialist | Dr Simon Hinckfuss — Specialist Periodontist and Specialist Prosthodontist (only in Australia) |

Frequently Asked Questions

****What is the name of the centre:**** Collins Street Specialist Centre

****What is the specialty offered:**** Periodontics

****Where is the centre located:**** Level 12 & Tower, Manchester Unity Building, 220 Collins Street, Melbourne CBD

****What is the phone number:**** (03) 9650 2726

****What are the weekday opening hours:**** Monday to Friday, 8am–6pm

****What are the Saturday opening hours:**** 8:30am–1:30pm

****Is the centre open on Sundays:**** No

****What is the nearest train station:**** Town Hall Metro Rail Station

****Is Town Hall Station close to the centre:**** Yes, directly opposite the building

****Do I need a referral to book:**** No referral required

****Can I attend with a GP or dentist referral:**** Yes, referrals are also accepted

****How many specialist periodontists are at the centre:**** Five

****Who are the specialist periodontists at the centre:**** Dr Simon Hinckfuss, Dr James van den Berg, Dr Nupur Kataria, Dr Ahmed El Hadidi, Dr Peishan Jiang

****Are all clinicians registered as Specialist Periodontists:**** Yes

****Which body registers Specialist Periodontists in Australia:**** Dental Board of Australia

****How can I verify a periodontist's registration:**** Search their name at www.ahpra.gov.au

****What registration type should I look for on AHPRA:**** "Specialist Periodontist"

****Is Specialist Periodontist a self-designated title:**** No, it requires recognised postgraduate qualifications

****What does a Specialist Periodontist treat:**** Gum disease and the supporting structures of teeth

****Does periodontics include dental implants:**** Yes

****What structures does periodontics cover:**** Gums, surrounding bone, and tooth-anchoring fibres

****What is the leading cause of tooth loss in Australian adults:**** Periodontal disease

****Is gum disease usually painful in early stages:**** No, it often advances without significant pain

****Can gum disease cause irreversible bone damage before symptoms appear:**** Yes

****Is gum disease linked to systemic health conditions:**** Yes

****Which systemic conditions are associated with gum disease:**** Cardiovascular disease, diabetes, and adverse pregnancy outcomes

****Does a general dentist treat gum disease:**** Yes, for early-stage cases

****When should I see a Specialist Periodontist instead of a general dentist:**** For moderate to severe or surgical cases

****What is the difference between gingivitis and periodontitis:**** Gingivitis involves gum inflammation without bone loss

****Does periodontitis involve bone loss:**** Yes

****What non-surgical treatment is used for gum disease:**** Root surface debridement

****Is surgical treatment always required for gum disease:**** No, only when non-surgical treatment is insufficient

****What is guided bone regeneration (GBR):**** A bone augmentation technique to rebuild lost bone volume

****What are dental implants made of:**** Titanium

****What does a dental implant replace:**** The root of a missing tooth

****What imaging technology supports implant surgery at the centre:**** Advanced 3D imaging and digital surgical planning

****Can the centre treat full-arch implant cases:** Yes**

****What is bone grafting used for:** To regenerate bone lost from gum disease, extraction, or trauma**

****Is bone grafting required before all implants:** No, only when bone volume is insufficient**

****What is gum grafting used to treat:** Gum recession exposing root surfaces**

****Where is gum graft tissue sourced from:** Patient's own palate or donor tissue**

****What is crown lengthening:** Reshaping gum and bone to expose more tooth surface**

****What is another name for crown lengthening:** Gum lift**

****Is crown lengthening performed for aesthetic reasons:** Yes**

****Is crown lengthening performed for restorative reasons:** Yes**

****What does a gum lift correct aesthetically:** A gummy smile or uneven gum line**

****What is a sinus lift procedure:** Elevating the sinus membrane to build bone height for implants**

****Where is a sinus lift performed:** Upper jaw**

****Why is a sinus lift sometimes needed:** The maxillary sinus limits available bone height**

****What is peri-implantitis:** Inflammatory condition affecting gum and bone around a dental implant**

****Is peri-implantitis similar to periodontitis:** Yes, it is directly analogous**

****What happens if peri-implantitis is untreated:** Progressive bone loss and implant failure**

****Is peri-implantitis becoming more common:** Yes, as implant prevalence grows in Australia**

****Does the centre offer non-surgical treatment for peri-implantitis:** Yes**

****Does the centre offer surgical treatment for peri-implantitis:** Yes**

****Who is Dr Simon Hinckfuss:** A dual-registered Specialist Periodontist and Specialist Prosthodontist**

****Is Dr Hinckfuss the only dual-registered periodontist-prosthodontist in Australia:** Yes**

****Where did Dr Hinckfuss complete his periodontic training:** University of Minnesota**

****What professional bodies does Dr Hinckfuss belong to:** ANZAP, ASP, ADA, and ITI**

****Where did Dr James van den Berg complete his Masters in Periodontics:** Queen Mary & Royal London Hospital**

****When did Dr van den Berg begin placing dental implants:** 1999**

****What laser systems does Dr van den Berg specialise in:** Fotona and NV laser systems**

****Does the centre offer laser periodontal therapy:** Yes**

****Where did Dr Nupur Kataria complete her specialist training:** University of Adelaide**

****What is Dr Ahmed El Hadidi's clinical interest:** Precision medicine and genetic factors in periodontal disease**

****When did Dr El Hadidi complete his specialist qualification:** 2020**

****Where did Dr Peishan Jiang complete her specialist training:** Griffith University**

****Has Dr Jiang presented research internationally:**** Yes, at the International Association for Dental Research (IADR)

****Does the centre offer multidisciplinary care:**** Yes

****Which specialties collaborate with periodontics at the centre:**** Prosthodontics, oral and maxillofacial surgery, orthodontics, and endodontics

****Do periodontists and prosthodontists co-plan implant cases:**** Yes

****What is a combined endo-perio lesion:**** A condition where both the dental pulp and supporting structures are simultaneously diseased

****Must gum disease be controlled before orthodontic treatment:**** Yes

****Do periodontists monitor patients during orthodontic treatment:**** Yes, if pre-existing bone loss is present

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## Collins Street Specialist Centre Periodontics

## Healthy Foundations. Healthy Teeth.

Collins Street Specialist Centre is Melbourne CBD's dedicated specialist dental centre, offering the full scope of periodontic care delivered exclusively by Dental Board-registered Specialist Periodontists. Periodontics is the dental specialty concerned with the health of the structures that support your teeth — primarily the gums, the surrounding bone, and the fibres that anchor each tooth within its socket. It also covers dental implants: the surgical placement, ongoing management, and long-term maintenance of implants within the jawbone.

Periodontal disease, more commonly known as gum disease, is the leading cause of tooth loss among Australian adults. It's also closely associated with cardiovascular disease, diabetes, and adverse pregnancy outcomes. Despite this, gum disease frequently advances without significant pain or obvious warning signs, often causing substantial — and sometimes irreversible — damage to the supporting bone before a patient knows anything is wrong.

All periodontic care at Collins Street Specialist Centre is provided by Dental Board-registered **\*\*Specialist Periodontists\*\*** — clinicians who have completed advanced postgraduate training in diagnosing and treating periodontal disease, as well as the surgical placement of dental implants. Specialist-level management brings precision, access to advanced techniques, and a depth of clinical understanding that produces meaningfully better outcomes, particularly in complex cases.

Our periodontic suites are at **\*\*Level 12 & Tower\*\***, within the Manchester Unity Building at 220 Collins Street, Melbourne CBD.

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## Why see a Specialist Periodontist?

A general dentist is well-placed to identify and manage early-stage gum disease. But when the condition has progressed to moderate or severe periodontitis — or when surgical intervention, implant placement, or complex tissue grafting is required — a Specialist Periodontist brings a level of training

and clinical experience that makes a genuine difference to outcomes.

What specialist-level periodontic care offers:

- **Accurate staging and grading** of periodontal disease in accordance with current international classification standards - **Surgical precision** — pocket reduction surgery, osseous surgery, regenerative procedures, and guided bone regeneration each require years of dedicated postgraduate training to perform safely and effectively - **Implant surgery expertise** — from single-tooth implant placement through to complex full-arch rehabilitation involving bone augmentation and sinus lifting - **Peri-implant disease management** — a growing clinical challenge as more Australians carry implants that may develop inflammation or infection around them over time - **Aesthetic soft tissue procedures** — gum grafting, crown lengthening, and cosmetic gum contouring all require a specialist understanding of tissue biology, wound healing, and aesthetic outcomes - **Management of complex systemic interactions** — patients living with diabetes, taking blood-thinning medications, or on immunosuppressive therapy require particularly careful periodontal management, best overseen at a specialist level

Our team includes clinicians with advanced expertise in laser periodontal therapy, regenerative surgery, implantology, and precision medicine approaches to periodontal disease.

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## ## Treatments we offer

Our specialist periodontists manage the full spectrum of gum and implant-related conditions. Each of the following links to a detailed page explaining the condition, what treatment involves, and what patients can expect throughout the process.

### Gum disease (periodontitis) Periodontal disease exists on a spectrum — from early gingivitis, where the gums are inflamed but bone loss hasn't yet occurred, through to advanced periodontitis, where significant bone destruction around the teeth has already taken place. Specialist management includes thorough root surface debridement, evidence-based adjunctive therapies where clinically appropriate, and surgical intervention when non-surgical treatment alone isn't enough to arrest disease progression. → [\[Gum Disease Treatment\]/\(procedures/periodontics/gum-disease-treatment-gingivitis-periodontitis/\)](#)

### Dental implants Dental implants are titanium fixtures placed surgically within the jawbone, functioning as artificial tooth roots upon which crowns, bridges, or full-arch restorations can be supported. Our specialist periodontists plan and place implants across the full range of presentations — from single-tooth replacement through to complex full-arch rehabilitation. All implant surgery at Collins Street Specialist Centre is supported by advanced 3D imaging and digital surgical planning technology. → [\[Dental Implants\]/\(procedures/periodontics/dental-implants-periodontal-specialist-placement/\)](#)

### Bone grafting Where bone loss has occurred because of gum disease, tooth extraction, or trauma, bone grafting can regenerate lost volume and re-establish the conditions required for successful implant placement. Our periodontists perform a range of bone augmentation techniques, including guided bone regeneration (GBR) and the use of bone substitute materials, tailored to the specific defect and clinical context. → [\[Bone Grafting\]/\(procedures/periodontics/bone-grafting-guided-bone-regeneration/\)](#)

### Gum grafting (soft tissue grafting) Gum recession — where the gum margin pulls back from the tooth surface — can expose sensitive root surfaces, create noticeable aesthetic concerns, and, when left unaddressed, threaten the long-term structural support of the affected teeth. Gum grafting uses tissue sourced from the patient's own palate or from donor tissue to rebuild the gum margin, covering exposed root surfaces and restoring tissue volume where it has been lost. → [\[Gum Grafting\]/\(procedures/periodontics/gum-grafting-soft-tissue-grafting-recession-treatment/\)](#)

### Gum lift (crown lengthening) A gum lift — clinically referred to as crown lengthening — involves carefully reshaping the gum and, where necessary, the underlying bone, to expose a greater proportion of the tooth surface. The procedure is performed for aesthetic purposes, such as correcting a gummy smile or an uneven gum line, and for restorative reasons, where sufficient tooth structure must be exposed to allow a crown or other restoration to be placed predictably. → [\[Gum Lift and Crown Lengthening\]/\(procedures/periodontics/aesthetic-gum-lift-crown-lengthening/\)](#)

### Sinus lift (sinus augmentation) In the upper jaw, the proximity of the maxillary sinus can limit the vertical bone height available for implant placement. A sinus lift gently elevates the sinus membrane and introduces bone graft material beneath it, building the height and density of bone required to support a successful implant. It's a well-established procedure within specialist periodontics and oral and maxillofacial surgery, though it requires careful pre-operative planning and skilled surgical execution. → [\[Sinus Lift\]/\(procedures/periodontics/sinus-lift-sinus-augmentation-for-dental-implants/\)](#)

### Peri-implantitis Peri-implantitis is an inflammatory condition affecting the gum and bone surrounding a dental implant — directly analogous to periodontitis around natural teeth. Without appropriate treatment, it leads to progressive bone loss and, ultimately, implant failure. As dental implants become more prevalent in the Australian population, peri-implantitis is an increasingly common presentation. Our specialist periodontists offer both non-surgical and surgical management options, tailored to the severity and extent of the condition. → [\[Peri-Implantitis\]/\(procedures/periodontics/peri-implantitis-implant-infection-specialist-management/\)](#)

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## Who will provide my treatment?

All periodontic treatment at Collins Street Specialist Centre is delivered by Dental Board-registered Specialist Periodontists. Every clinician listed below holds formal specialist registration — not simply an interest or additional training in periodontics.

### Dr Simon Hinckfuss \*BDS, DCD (Pros), Cert.Perio MS (Minn)\* Dr Hinckfuss is the **\*\*only clinician in Australia registered as both a Specialist Periodontist and a Specialist Prosthodontist\*\*** — a dual-specialist qualification that gives him a uniquely comprehensive perspective on complex cases involving gum disease, implants, and full-mouth reconstruction. He completed his specialist training in periodontics at the University of Minnesota and has served as Past President of the Victorian Australian Orthodontic Society. A founding figure of Periodontal Associates, Dr Hinckfuss holds memberships in ANZAP, ASP, ADA, and ITI. → [\[View Dr Hinckfuss' Profile\]/\(dr-simon-hinckfuss/\)](#)

### Dr James van den Berg \*BDS, MClintDent (Lond), PGDipCD (Melb), MRACDS (Perio)\* Dr van den Berg graduated from the University of Birmingham before completing his Masters in Periodontics at Queen Mary & Royal London Hospital in 1999. He has been practising periodontics in Melbourne for over two decades and is widely regarded as one of Victoria's most experienced laser periodontists, with particular expertise across Fotona and NV laser systems for both periodontal and implant applications. He has been placing dental implants since 1999. → [\[View Dr van den Berg's Profile\]/\(dr-james-van-den-berg/\)](#)

### Dr Nupur Kataria \*BDS (Adel), Doctorate Clinical Dentistry (Perio) (Adel)\* Dr Kataria completed her Bachelor of Dental Surgery at the University of Adelaide, followed by her specialist clinical doctorate in periodontics at the same institution. She brings specialist-level expertise across the full scope of periodontal treatment and implant surgery. → [\[View Dr Kataria's Profile\]/\(dr-nupur-kataria/\)](#)

### Dr Ahmed El Hadidi \*BDS, MRACDS (GDP), DCD (Perio)\* Dr El Hadidi brings over 15 years of general dental experience prior to completing his specialist periodontic training. He graduated in Cairo, relocated to Australia in 2010, and completed his specialist qualification in 2020. His clinical interests centre on precision medicine approaches to periodontal disease — specifically the role of genetic factors and DNA variants in individual susceptibility to disease and treatment response. He practises

the full range of non-surgical and surgical periodontal therapy, regenerative procedures, and implant surgery. → [View Dr El Hadidi's Profile](/dr-ahmed-el-hadidi/)

### Dr Peishan Jiang \*BDS (Griff), DClintDent (Griff)\* Dr Jiang completed both her dental degree and her specialist clinical doctorate in periodontics at Griffith University, graduating with academic distinction. She has presented research at the International Association for Dental Research (IADR) and maintains an active interest in translational dental research. Her clinical scope covers the full range of non-surgical and surgical periodontal treatment, implant placement, bone and sinus augmentation, gum grafting, and crown lengthening. → [View Dr Jiang's Profile](/dr-peishan-jiang/)

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## ## Periodontics and multidisciplinary collaboration at Collins Street Specialist Centre

Periodontal health underpins almost every other form of dental treatment. Gum disease must be identified and controlled before restorative, orthodontic, or implant treatment can safely proceed — and sustaining that control over the long term is what makes results last. At Collins Street Specialist Centre, the co-location of our periodontic team alongside specialists in every other discipline makes this kind of coordinated care natural, efficient, and clinically coherent.

**\*\*With Prosthodontics:\*\*** The surgical placement of an implant (periodontics) and its subsequent restoration with a crown or bridge (prosthodontics) are two phases of a single, integrated treatment. Our periodontists and prosthodontists co-plan implant cases to ensure the desired aesthetic and functional outcome is clearly defined before surgery begins — not retrofitted afterward.

**\*\*With Oral & Maxillofacial Surgery:\*\*** Complex presentations involving severe bone deficiency, major grafting requirements, or facial skeletal issues affecting the periodontium are managed in close collaboration between our periodontists and oral surgeons. Where cases require grafts from multiple donor sites or hospital-based admission, our oral surgeons can seamlessly assume responsibility for that component of care.

**\*\*With Orthodontics:\*\*** Patients undertaking orthodontic treatment in the presence of pre-existing bone loss require specialist periodontal monitoring throughout active tooth movement. Our orthodontists and periodontists communicate directly, adapting treatment plans as required to protect the periodontium during and after treatment.

**\*\*With Endodontics:\*\*** Combined endo-perio lesions — where both the dental pulp and the supporting structures of a tooth are simultaneously diseased — require specialist assessment from both disciplines to accurately determine the primary cause and establish the most appropriate treatment sequence.

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## ## Confirming your specialist's registration

Every periodontist at Collins Street Specialist Centre holds formal registration as a **\*\*Specialist Periodontist\*\*** with the Dental Board of Australia. This specialist registration is entirely separate from general dental registration and requires the completion of recognised advanced postgraduate qualifications — it is not a self-designated title.

Patients are welcome to verify their clinician's registration at any time:

**\*\*AHPRA Public Register:\*\*** [www.ahpra.gov.au](https://www.ahpra.gov.au)

Search your clinician's name and confirm that the registration type is recorded as "Specialist Periodontist."

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## ## Book an appointment

No referral is required to see a Specialist Periodontist at Collins Street Specialist Centre. You're welcome to contact us directly, or to attend with a referral from your general dentist — both pathways work equally well.

**\*\*Collins Street Specialist Centre — Periodontics\*\*** Level 12 & Tower, Manchester Unity Building 220 Collins Street, Melbourne CBD Phone: (03) 9650 2726 Hours: Monday–Friday 8am–6pm | Saturday 8:30am–1:30pm

Town Hall Metro Rail Station is directly opposite the Manchester Unity Building, making the centre accessible from across metropolitan Melbourne.

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