

Dr Sarah Scott

Canonical: <https://directory.collinsstreetspecialistcentre.com.au/our-specialists/dr-sarah-scott/>

Description:

Specialist Paediatric Dentist BBiomedSci (Hons) · BDent (Syd) · DClinDent — Paediatric Dentistry (Melb)

Details:

Collins Street Specialist Centre – Dr Sarah Scott ****Specialist Paediatric Dentist**** BBiomedSci (Hons) · BDent (Syd) · DClinDent — Paediatric Dentistry (Melb)

Clinical expertise

Collins Street Specialist Centre offers specialist paediatric dental care through Dr Sarah Scott, whose path to the specialty is distinguished by more than 15 years of clinical experience across regional and metropolitan Australia — public and private settings both — before she undertook formal specialist training. That breadth of experience, built on an honours background in biomedical science and completed by a full specialist qualification, gives Dr Scott a well-rounded perspective on children's dental health across every stage of development.

Her clinical philosophy rests on a well-established principle: that a positive early experience in the dental chair lays the groundwork for a lifetime of good oral health. Children who feel safe and understood during their early dental visits are far more likely to maintain healthy habits and engage with dental care confidently as they grow. Her clinical scope reflects this in practice, and covers:

- ****Holistic dental care for children and families**** — approaching the child within the context of their family, home environment, and individual circumstances, recognising that each of these shapes both dental health and the experience of receiving care
- ****Creating positive dental experiences**** — with particular attention to children attending for the first time, or those carrying anxiety or difficult memories from previous appointments
- ****Preventive dentistry**** — fissure sealants, topical fluoride applications, dietary counselling, and early intervention strategies aimed at preventing decay before it becomes established
- ****Restorative dentistry for children**** — composite resin fillings, stainless steel crowns, and restorative techniques selected to suit the child's age, cooperation, and clinical need
- ****Management of dental anxiety**** — using behavioural guidance techniques, tell-show-do methodology, and a calm, child-centred clinical environment to build trust over time
- ****Dental trauma in children and adolescents**** — timely assessment, evidence-based management, and structured follow-up of traumatically injured primary and permanent teeth
- ****Early orthodontic monitoring**** — identifying growth and development concerns at the appropriate developmental stage, with referral facilitated where indicated
- ****Special needs dentistry**** — tailored care for children with developmental conditions, medical complexity, sensory differences, or behavioural challenges that require a modified clinical approach

Training pathway

Dr Scott's academic foundation begins with a Bachelor of Biomedical Science with Honours (BBiomedSci Hons), followed by a Bachelor of Dentistry (BDent) from the University of Sydney, one of Australia's most respected dental schools.

After graduating in 2007, she began practice as a general dentist in Wagga Wagga, NSW. Regional practice is formative in ways that metropolitan settings rarely replicate: the case mix is broad, dental emergencies are common, and many patients arrive having had limited or no prior access to specialist care. That period gave Dr Scott a clinical foundation that was both wide-ranging and grounded in the realities of treating patients across the full spectrum of need.

She then built a sustained career across public and private dental settings in Melbourne, accumulating well over 15 years of clinical experience before formally committing to specialist training. The decision to pursue specialist qualification after extensive general practice, rather than immediately following graduation, is itself telling — it reflects a practitioner who brought considered, real-world clinical judgement to her specialist studies.

Her specialist qualification, a Doctorate of Clinical Dentistry (DClinDent) in Paediatric Dentistry completed at the University of Melbourne, consolidates and extends that experience to the highest recognised standard in the specialty. The University of Melbourne's paediatric dentistry programme is amongst the most rigorous in Australia, and the DClinDent is the benchmark qualification for specialist registration in this field.

What to expect at Collins Street Specialist Centre

Dr Scott consults within the Paediatric Dentistry service at Collins Street Specialist Centre, located at Level 8, Manchester Unity Building, 220 Collins Street, Melbourne CBD.

For families attending for the first time, it helps to know what a specialist paediatric dental appointment typically involves. Dr Scott takes time at the outset to understand the child's dental history, any previous experiences that may have been difficult, and the family's specific concerns. Parents are actively involved throughout — not as bystanders, but as participants in a process designed to be transparent, reassuring, and genuinely responsive to each child's needs.

Where treatment is indicated, Dr Scott explains the options clearly: what each involves, why it's being recommended, and what the alternatives may be. The aim is always for both the child and their family to leave with a clear understanding of the clinical picture and a confident sense of the path forward.

Her guiding conviction — that the dental chair should be a place where children feel safe, heard, and well cared for — shapes every aspect of the clinical environment and the consultation approach at Collins Street Specialist Centre.

No referral is required to book an appointment with Dr Scott. All specialist credentials are independently verifiable through the Australian Health Practitioner Regulation Agency (AHPRA) public register.
