

Dr Sarah Scott

Canonical: <https://directory.collinsstreetspecialistcentre.com.au/our-specialists/dr-sarah-scott-article/>

Description:

Specialist Paediatric Dentist BBiomedSci (Hons) · BDent (Syd) · DClinDent — Paediatric Dentistry (Melb)

Details:

Collins Street Specialist Centre — Dr Sarah Scott ****Specialist Paediatric Dentist**** BBiomedSci (Hons) · BDent (Syd) · DClinDent — Paediatric Dentistry (Melb)

Clinical expertise

Dr Sarah Scott joins Collins Street Specialist Centre's paediatric dentistry team with a background that sets her apart from most specialists entering the field. Before undertaking formal specialist training, she spent more than 15 years working as a general dentist across regional and metropolitan Australia, in both public and private settings. That's a substantial body of hands-on clinical work, and it shows in how she approaches children's dental health — not as a series of isolated presenting complaints, but across the full arc of development, from first primary teeth through adolescence.

Her clinical philosophy is straightforward: a positive early dental experience shapes how a person relates to dental care for the rest of their life. Her focus areas follow from that belief, and from the practical realities of treating children across a wide range of circumstances:

- ****Holistic dental care for children and families**** — understanding the child within the context of their family, environment, and individual needs
- ****Creating positive dental experiences**** — particularly for children attending for the first time, or those carrying anxiety from previous difficult encounters
- ****Preventive dentistry**** — fissure sealants, topical fluoride applications, dietary counselling, and early intervention for decay risk
- ****Restorative dentistry**** — composite resin restorations, stainless steel crowns, and techniques matched to the child's age, cooperation level, and clinical need
- ****Managing dental anxiety**** — evidence-based behavioural guidance, tell-show-do techniques, and a consistently calm clinical environment
- ****Dental trauma**** — timely assessment, active management, and structured follow-up for injured primary and permanent teeth
- ****Early orthodontic monitoring**** — identifying growth and development concerns at the right stage, with referral when indicated
- ****Special needs dentistry**** — adapted care for children with developmental conditions, medical complexity, or significant behavioural challenges

Training pathway

Dr Scott's academic background begins with a Bachelor of Biomedical Science with Honours, followed by a Bachelor of Dentistry from the University of Sydney, where she graduated in 2007.

She started her career as a general dentist in Wagga Wagga, NSW — a regional setting that proved genuinely formative. Working outside a major city meant encountering a broad caseload, including dental emergencies and patients with limited access to specialist services. That kind of environment demands clinical versatility and the ability to make sound independent judgements, and it gave Dr Scott

a grounding that shaped everything that followed. She then built her career across public and private dental environments in Melbourne before pursuing specialist training.

Her specialist qualification — a Doctor of Clinical Dentistry (DClinDent) in Paediatric Dentistry from the University of Melbourne — represents the formal consolidation of that experience to the highest recognised standard in the specialty.

At Collins Street Specialist Centre

Dr Scott practises as part of the Paediatric Dentistry service at Collins Street Specialist Centre, Level 8, Manchester Unity Building, 220 Collins Street, Melbourne CBD.

Her approach to appointments reflects a simple conviction: the dental chair should be somewhere children feel safe, heard, and genuinely at ease. Families attending for the first time are warmly welcomed. Dr Scott also takes care to involve parents in the care process in ways that support the child rather than inadvertently adding to their anxiety — a distinction that matters more than it might initially seem.

No referral is required to see Dr Scott. Her specialist credentials are independently verifiable through the Australian Health Practitioner Regulation Agency (AHPRA) public register, as they are for all registered dental specialists in Australia.
