

Dr Nupur Kataria

Canonical: <https://directory.collinsstreetspecialistcentre.com.au/our-specialists/dr-nupur-kataria/>

Description:

Specialist Periodontist BDS (Adel) · Doctorate Clinical Dentistry — Periodontics (Adel)

Details:

Collins Street Specialist Centre – Dr Nupur Kataria ****Specialist Periodontist**** BDS (Adel) · Doctorate Clinical Dentistry — Periodontics (Adel)

Clinical expertise

Collins Street Specialist Centre welcomes Dr Nupur Kataria, a specialist periodontist trained at the University of Adelaide's Faculty of Health and Medical Sciences. Dr Kataria holds the Doctorate of Clinical Dentistry (DCD/DClinDent) in Periodontics from Adelaide — a three-year postgraduate programme combining intensive supervised clinical practice with research, and the recognised pathway to specialist registration in Australia.

Periodontics covers the health of the supporting structures of the teeth: the gums, periodontal ligament, and underlying bone, as well as the surgical placement and long-term management of dental implants. Dr Kataria's specialist practice includes:

- ****Assessment, diagnosis, and staged management of periodontal disease**** — from early-stage gingivitis through to advanced periodontitis
- ****Non-surgical periodontal therapy**** — thorough scaling, root planing, and ongoing supportive care to stabilise disease and protect long-term tooth retention
- ****Surgical periodontal treatment**** — resective procedures to reduce pocket depths and improve access for cleaning, and regenerative techniques aimed at rebuilding lost bone and tissue support
- ****Dental implant placement and surgical management**** — restoring function and aesthetics where teeth have been lost
- ****Soft tissue grafting**** — addressing gum recession to protect root surfaces and improve tissue volume and contour
- ****Crown lengthening**** — for aesthetic purposes and to facilitate restorative dental work by exposing sufficient tooth structure
- ****Management of peri-implant complications**** — including peri-implant mucositis and peri-implantitis

Periodontal disease is among the most prevalent chronic conditions affecting Australian adults, and its effects go well beyond the mouth. Well-established evidence links gum disease to systemic conditions including type 2 diabetes and cardiovascular disease. For patients managing these conditions, specialist periodontal care is an important part of an integrated health approach — something Dr Kataria is well placed to address alongside referring practitioners and treating physicians.

Referring clinicians receive clear, timely communication after each appointment, with treatment summaries and ongoing management recommendations provided as standard.

Training and academic pathway

Dr Kataria completed her Bachelor of Dental Surgery (BDS) at the University of Adelaide before working in general dental practice. She then returned to Adelaide to undertake specialist training in

periodontics through the Doctorate of Clinical Dentistry programme.

The programme is demanding by design. Candidates build advanced surgical competency across the full range of periodontal and implant procedures while engaging with the research literature that underpins contemporary evidence-based practice. The University of Adelaide's periodontics programme is nationally recognised for the depth and rigour of its surgical curriculum and its emphasis on translating research into clinical decision-making.

Graduates are equipped to manage the complete spectrum of periodontal presentations — from patients needing careful non-surgical stabilisation to those with complex surgical needs, including implant reconstruction in compromised bone environments.

What to expect at Collins Street Specialist Centre

At a first consultation, Dr Kataria conducts a thorough clinical assessment, including detailed periodontal charting to map gum tissue health and bone levels around each tooth. Relevant radiographs are reviewed, and new imaging may be requested where appropriate. Dr Kataria explains findings in plain language, outlines the available treatment options, and walks through what each pathway involves, so patients can make informed decisions about their care.

Treatment is carried out with patient comfort in mind. Local anaesthesia is used routinely for both non-surgical and surgical procedures, and patients receive clear post-treatment instructions and guidance on what to expect during recovery.

Dr Kataria practises within the Periodontics service at Collins Street Specialist Centre, located at Level 12 & Tower, Manchester Unity Building, 220 Collins Street, Melbourne CBD — a central location accessible from across metropolitan Melbourne.

The centre brings together five specialist periodontists, each with distinct clinical experience. Patients benefit from that concentration of expertise, whether their needs are straightforward or involve complex, multi-stage treatment planning.

No referral is required to see Dr Kataria, though many patients attend following a recommendation from their general dentist. Patients and referring clinicians can contact the practice on **(03) 9650 2726** or through the online booking form.

All specialist credentials held by practitioners at Collins Street Specialist Centre are independently verifiable through the Australian Health Practitioner Regulation Agency (AHPRA) public register, and patients are encouraged to check.

> **Content note:** A detailed clinical biography for Dr Kataria — including her specific areas of clinical interest and her approach to patient care — is currently in preparation. The practice team welcomes enquiries in the meantime. Please contact us directly on **(03) 9650 2726**.

Product facts

Attribute	Value	Practitioner	Dr Nupur Kataria	Title	Specialist Periodontist
Qualifications	BDS (Adel), Doctorate of Clinical Dentistry — Periodontics (Adel)	Specialty	Periodontics	Training institution	University of Adelaide
Specialist registration	Verifiable via AHPRA public register	Practice	Collins Street Specialist Centre	Location	Level 12 & Tower, Manchester Unity Building, 220 Collins Street, Melbourne CBD
Phone	(03) 9650 2726	Consultation languages	English	Referral required	No — self-referral accepted
Online booking					

Available | | Non-surgical treatments | Scaling, root planing, supportive periodontal care | | Surgical treatments | Resective surgery, regenerative surgery, soft tissue grafting, crown lengthening | | Implant services | Implant placement, peri-implant complication management | | Peri-implant conditions treated | Peri-implant mucositis, peri-implantitis | | Periodontal conditions treated | Gingivitis, periodontitis | | Specialist colleagues on-site | 5 specialist periodontists |

Frequently asked questions

Who is Dr Nupur Kataria: A specialist periodontist at Collins Street Specialist Centre

Where is Dr Kataria located: Level 12 & Tower, Manchester Unity Building, 220 Collins Street, Melbourne CBD

What is the phone number for Collins Street Specialist Centre: (03) 9650 2726

What is Dr Kataria's primary specialty: Periodontics

What undergraduate degree does Dr Kataria hold: Bachelor of Dental Surgery (BDS)

Where did Dr Kataria complete her BDS: University of Adelaide

What postgraduate qualification does Dr Kataria hold: Doctorate of Clinical Dentistry (DCD/DClinDent) in Periodontics

Where did Dr Kataria complete her specialist training: University of Adelaide

How long is the Doctorate of Clinical Dentistry programme: Three years

What does the DCD programme combine: Supervised clinical practice and scholarly research

Is the DCD the recognised pathway to specialist registration in Australia: Yes

What is periodontics: The dental specialty focused on supporting structures of the teeth

What structures does periodontics cover: Gums, periodontal ligament, and underlying bone

Does Dr Kataria treat gingivitis: Yes

Does Dr Kataria treat periodontitis: Yes

Does Dr Kataria perform non-surgical periodontal therapy: Yes

What does non-surgical periodontal therapy include: Scaling, root planing, and supportive periodontal care

Does Dr Kataria perform surgical periodontal treatment: Yes

What types of surgical procedures does Dr Kataria perform: Resective and regenerative techniques

What is resective surgery aimed at: Reducing pocket depths and improving access for cleaning

What is regenerative surgery aimed at: Rebuilding lost bone and tissue support

Does Dr Kataria place dental implants: Yes

Does Dr Kataria manage peri-implant complications: Yes

What peri-implant conditions does Dr Kataria treat: Peri-implant mucositis and peri-implantitis

Does Dr Kataria perform soft tissue grafting: Yes

What does soft tissue grafting address: Gum recession

Does Dr Kataria perform crown lengthening: Yes

What are the two purposes of crown lengthening: Aesthetic improvement and facilitating restorative dental work

Is periodontal disease common in Australian adults: Yes, it is among the most prevalent chronic conditions

Is gum disease linked to systemic health conditions: Yes

Is gum disease linked to type 2 diabetes: Yes, evidence is well-established

Is gum disease linked to cardiovascular disease: Yes, evidence is well-established

Does Dr Kataria communicate with referring practitioners: Yes, following each appointment

What does Dr Kataria provide to referring clinicians: Treatment summaries and ongoing management recommendations

Is a referral required to see Dr Kataria: No

Can patients self-refer to Dr Kataria: Yes

Do many patients attend via referral from their general dentist: Yes

What happens at a first consultation with Dr Kataria: A thorough clinical assessment is conducted

Does the first consultation include periodontal charting: Yes

What does periodontal charting map: Gum tissue health and bone levels around each tooth

Are radiographs reviewed at consultations: Yes

Does Dr Kataria explain findings in plain language: Yes

Does Dr Kataria discuss treatment options with patients: Yes

Is local anaesthesia used during procedures: Yes

Is local anaesthesia used for non-surgical procedures: Yes

Is local anaesthesia used for surgical procedures: Yes

Are post-treatment instructions provided: Yes

How many specialist periodontists work at Collins Street Specialist Centre: Five

Does the centre offer a collaborative specialist environment: Yes

What languages does Dr Kataria consult in: English

Are Dr Kataria's credentials verifiable through AHPRA: Yes

What is AHPRA: Australian Health Practitioner Regulation Agency

Is the AHPRA register publicly accessible: Yes

Is online booking available for Dr Kataria: Yes

Is Dr Kataria's detailed clinical biography currently available: No, it is in preparation

Can patients contact the practice for further information: Yes

What is the practice contact number for enquiries: (03) 9650 2726

Did Dr Kataria work in general dental practice before specialising: Yes

Is the University of Adelaide's periodontics programme nationally recognised: Yes

What is the University of Adelaide known for in its periodontics programme: Depth and rigour of its surgical curriculum

Does the programme emphasise evidence-based practice: Yes

Can Dr Kataria manage complex implant cases in compromised bone: Yes

Is Collins Street Specialist Centre accessible from across metropolitan Melbourne: Yes
