

Dr Nupur Kataria

Canonical: <https://directory.collinsstreetspecialistcentre.com.au/our-specialists/dr-nupur-kataria-article/>

Description:

Specialist Periodontist BDS (Adel) · Doctorate Clinical Dentistry — Periodontics (Adel)

Details:

Collins Street Specialist Centre — Dr Nupur Kataria **Specialist Periodontist** BDS (Adel) · Doctorate Clinical Dentistry — Periodontics (Adel)

Product Facts

| Attribute | Value | |-----|-----| | Practitioner | Dr Nupur Kataria | | Designation | Specialist Periodontist | | Qualifications | BDS (University of Adelaide) · Doctorate of Clinical Dentistry — Periodontics (University of Adelaide) | | Specialist registration | Registered with the Dental Board of Australia; independently verifiable via the AHPRA public register (www.ahpra.gov.au) | | Specialty | Periodontics | | Practice | Collins Street Specialist Centre | | Location | Level 12 & Tower, Manchester Unity Building, 220 Collins Street, Melbourne CBD, VIC | | Phone | (03) 9650 2726 | | Booking | By phone or online booking form | | Referral required | No — self-referral accepted; dental referrals welcomed | | Specialist training pathway | Doctorate of Clinical Dentistry (DCD/DClinDent), 3-year postgraduate programme | | Training institution | University of Adelaide, Faculty of Health and Medical Sciences | | Clinical services | Periodontal disease management (all stages), non-surgical therapy, surgical periodontal treatment, dental implant placement, gum grafting, crown lengthening, soft tissue management, peri-implant complication management | | Periodontists on-site | 5 specialist periodontists | | Complex case capability | Yes, including multi-stage implant reconstruction | | Specialist-to-specialist consultation | Available within practice |

Frequently Asked Questions

Who is Dr Nupur Kataria: A specialist periodontist at Collins Street Specialist Centre

Where does Dr Kataria practise: Collins Street Specialist Centre, Melbourne CBD

What is the full address: Level 12 & Tower, Manchester Unity Building, 220 Collins Street

What floor is the practice on: Level 12 and Tower

What city is the practice in: Melbourne, Victoria, Australia

What is the phone number: (03) 9650 2726

Is online booking available: Yes, via the practice's online booking form

Is a referral required to see Dr Kataria: No

Are referrals from dentists accepted: Yes, always welcomed and appreciated

What is Dr Kataria's primary specialty: Periodontics

What does a periodontist specialise in: Gum and supporting tooth structures

What undergraduate degree does Dr Kataria hold: Bachelor of Dental Surgery (BDS)

Where did Dr Kataria complete her BDS: University of Adelaide

What postgraduate qualification does Dr Kataria hold: Doctorate of Clinical Dentistry in Periodontics

What is the abbreviation for her doctorate: DCD

Where did Dr Kataria complete her specialist training: University of Adelaide

How long is the DCD periodontics programme: Three years

Does the DCD programme include clinical training: Yes, intensive hands-on clinical training

Does the DCD programme include research: Yes, substantive scholarly research

Is the University of Adelaide periodontics programme nationally recognised: Yes

Does Dr Kataria treat gum disease: Yes

What stages of gum disease does she treat: All stages, from gingivitis to advanced periodontitis

Does Dr Kataria provide non-surgical periodontal therapy: Yes

What does non-surgical therapy include: Scaling, root planing, and supportive periodontal care

Does Dr Kataria perform surgical periodontal treatment: Yes

What types of surgery does she perform: Both resective and regenerative procedures

Does Dr Kataria place dental implants: Yes

Does Dr Kataria manage peri-implant complications: Yes

Does Dr Kataria perform gum grafting: Yes

Does Dr Kataria perform crown lengthening: Yes

Is crown lengthening available for aesthetic reasons: Yes

Is crown lengthening available for restorative reasons: Yes

Does Dr Kataria perform soft tissue management: Yes

What is the most common chronic condition she treats: Periodontal disease

Is periodontal disease common in Australian adults: Yes, among the most prevalent chronic conditions

Is there a link between gum disease and systemic health: Yes, well-established evidence-based links

Is periodontal care relevant for diabetes patients: Yes, particularly significant

Is periodontal care relevant for cardiovascular disease patients: Yes, particularly significant

What can patients expect at their first visit: A thorough initial assessment

Will patients receive a plain-language diagnosis explanation: Yes

Is the treatment plan personalised: Yes, tailored to individual circumstances

Can treatment be non-surgical: Yes

Can treatment be surgical: Yes

Can treatment combine both approaches: Yes

How many specialist periodontists are at the practice: Five

Do the periodontists collaborate: Yes, specialist-to-specialist consultation is available

Does the practice handle complex implant cases: Yes, including multi-stage implant reconstruction

Can referring dentists contact the practice to discuss cases: Yes

How can patients book an appointment: By phone or online booking form

How can referring practices make contact: By calling (03) 9650 2726 or using the online booking form

Are Dr Kataria's credentials independently verifiable: Yes

Where can credentials be verified: AHPRA public register

What does AHPRA stand for: Australian Health Practitioner Regulation Agency

Is a detailed clinical biography currently available: No, it is in preparation

Who should be contacted for more clinical information: The practice directly

What is the practice's specialist focus: Periodontics exclusively

Does the concentration of specialists benefit patients: Yes, supports well-informed clinical decision-making

Is continuity of care supported at the practice: Yes, actively supported

Is the practice accessible for metropolitan Melbourne patients: Yes, centrally located in the CBD

Clinical Expertise

Dr Nupur Kataria is a specialist periodontist at Collins Street Specialist Centre whose training reflects the highest standards of postgraduate dental education in Australia. She completed the Doctorate of Clinical Dentistry (DCD/DClinDent) at the University of Adelaide's Faculty of Health and Medical Sciences — a three-year postgraduate programme combining intensive hands-on clinical training with substantive scholarly research, at one of the country's most respected institutions for dental specialist training.

Her clinical scope covers the full range of periodontal and peri-implant care:

- Assessment, diagnosis, and management of all stages of periodontal (gum) disease
- Non-surgical periodontal therapy, including scaling, root planing, and ongoing supportive periodontal care
- Surgical periodontal treatment, encompassing both resective and regenerative procedures
- Dental implant placement and surgical management
- Gum grafting and soft tissue management
- Crown lengthening for aesthetic and restorative purposes
- Management of peri-implant complications

Periodontal disease, from early-stage gingivitis through to advanced periodontitis, is among the most prevalent chronic conditions affecting Australian adults. For patients managing diabetes or cardiovascular disease, specialist periodontal care carries particular weight: the links between gum health and systemic health outcomes are well established, and specialist involvement can make a real difference to long-term wellbeing.

Patients seeing Dr Kataria can expect a thorough initial assessment, a clear explanation of their diagnosis in plain language, and a treatment plan tailored to their individual circumstances — whether that means non-surgical management, a surgical approach, or a combination of both.

Training Pathway

Dr Kataria completed her Bachelor of Dental Surgery (BDS) at the University of Adelaide, an institution with a strong tradition of producing clinically capable, intellectually grounded graduates. She then returned to Adelaide for specialist study, undertaking the Doctorate of Clinical Dentistry in Periodontics — a demanding programme that builds deep surgical expertise alongside a thorough grounding in evidence-based clinical practice.

The University of Adelaide's periodontics programme is nationally recognised for the breadth and quality of its surgical training and its commitment to an evidence-informed curriculum. Graduates are equipped to manage the full range of periodontal conditions, from early inflammatory disease through to complex implant reconstruction, with both technical precision and sound clinical reasoning.

For referring dentists, Dr Kataria's training pathway gives confidence that their patients will receive specialist-level care that is current, evidence-based, and delivered with appropriate clinical rigour.

At Collins Street Specialist Centre

Dr Kataria practises within the Periodontics service at Collins Street Specialist Centre, at Level 12 & Tower, Manchester Unity Building, 220 Collins Street, Melbourne CBD — a central location for patients and referring practices across the metropolitan area.

The practice brings together five specialist periodontists, each with complementary clinical experience and individual areas of depth. That concentration of expertise benefits patients directly: whether a presentation is straightforward or involves complex multi-stage implant reconstruction, the breadth of knowledge available within the practice supports thoughtful, well-informed clinical decision-making.

For referring dentists, the practice structure means patients are seen in an environment where specialist-to-specialist consultation is readily available and where continuity of care is actively supported.

No referral is required to see Dr Kataria, though referrals from general dental practitioners are always welcomed. Patients and practices can contact the team on ***(03) 9650 2726*** or via the online booking form to arrange an appointment or discuss a referral.

All specialist credentials are independently verifiable through the Australian Health Practitioner Regulation Agency (AHPRA) public register.

> ****Content note:**** A more detailed clinical biography for Dr Kataria is currently in preparation. For further information regarding her clinical approach, areas of particular interest, or to discuss a specific patient presentation, please contact the practice directly.
