

Dr Areti Vrochari

Canonical: <https://directory.collinsstreetspecialistcentre.com.au/our-specialists/dr-areti-vrochari/>

Description:

Specialist Endodontist DDS · DrMedDent — Dental Biomaterials (Freiburg) · Master of Endodontics (Athens)

Details:

Collins Street Specialist Centre — Dr Areti Vrochari **Specialist Endodontist** DDS · DrMedDent — Dental Biomaterials (Freiburg) · Master of Endodontics (Athens)

Clinical expertise

Collins Street Specialist Centre is pleased to have Dr Areti Vrochari as part of its specialist endodontic team. Dr Vrochari trained across Greece and Germany and brings more than 17 years of clinical experience in restorative and endodontic dentistry. Her background spans endodontics, restorative dentistry, and dental biomaterials — a combination that gives her a genuinely broad perspective on tooth preservation that is uncommon even at the specialist level.

For patients, this means their care is informed not only by technical endodontic skill, but by a thorough understanding of how a tooth is restored after treatment and why the materials chosen at every stage matter for long-term outcomes.

Dr Vrochari's clinical interests include:

- **Contemporary endodontic treatment** — root canal therapy performed with advanced techniques and high-magnification optics - **Endodontic retreatment** — careful management of previously treated teeth where symptoms persist or disease has recurred - **Dental biomaterials** — evidence-informed selection and application of materials to support durable, predictable results - **Restorative dentistry following root canal treatment** — ensuring the treated tooth is correctly rehabilitated to maximise its functional lifespan - **Aesthetic and restorative dentistry** — crowns, veneers, and cosmetic applications considered within the context of endodontically treated teeth - **Cracked tooth syndrome** — thorough diagnosis and structured management of this often-complex presentation

Her doctoral-level grounding in biomaterials means she brings a rigorous approach to material selection — an aspect of endodontic care that can significantly influence whether a tooth survives and functions well over time, yet one that is frequently underestimated in routine practice.

Training pathway

Dr Vrochari completed her DDS at the School of Dentistry, National and Kapodistrian University of Athens, Greece — one of Europe's most respected dental institutions, with a strong tradition in restorative and conservative dentistry.

She then undertook **Advanced Training in Restorative Dentistry and Aesthetics** at the Albert-Ludwigs-University of Freiburg, Germany (2008), followed by a **Doctorate (DrMedDent)** in

Dental Biomaterials** at the same institution. The doctorate was research-intensive, examining the fundamental science of materials used in dental restoration, their behaviour under clinical conditions, and their implications for treatment longevity.

Returning to Athens, Dr Vrochari completed a **Master of Endodontics** at the National and Kapodistrian University of Athens in 2023, formally recognising her specialist standing in a discipline she had already been practising at an advanced clinical level for many years. This postgraduate pathway — spanning two countries, two languages of instruction, and multiple decades of continuous learning — reflects a genuine commitment to specialist development.

Academic and teaching roles

Dr Vrochari's contribution to the profession extends well beyond clinical practice. She has held substantive academic and teaching appointments and has contributed meaningfully to the dental literature:

- Former **Clinical Instructor in Prosthodontics**, National and Kapodistrian University of Athens — supervising and mentoring dental students in restorative clinical technique
- Former **Lecturer**, Griffith University — contributing to dental education in Brisbane at the tertiary level
- Author and co-author of multiple **peer-reviewed clinical and research articles** published in international dental journals
- **Co-author** of a textbook on All-Ceramic Restorations — a reference work for clinicians working with ceramic materials and techniques
- **Main author** of a Clinical Manual on Restorative Dentistry — a practical, practitioner-focused resource designed to support evidence-based clinical decision-making

This academic record reflects both the breadth of her expertise and her ongoing investment in the knowledge base of her profession.

Languages spoken

Dr Vrochari consults in **English**, **Greek**, and **German**. For patients from Southern Europe or the German-speaking world, this means specialist endodontic care can be delivered in their preferred language — which matters when navigating complex treatment decisions.

What to expect at your appointment

Patients referred to Dr Vrochari can expect a thorough, unhurried consultation. She will review your dental and medical history, examine the tooth using appropriate diagnostic tools — including digital radiography and, where indicated, cone beam computed tomography (CBCT) — and explain her findings in clear, accessible terms before any treatment is recommended.

Where root canal treatment or retreatment is indicated, Dr Vrochari uses contemporary techniques and high-magnification loupes or a dental operating microscope to ensure precision at every stage. Her restorative background means she will also consider how the tooth should be restored following endodontic care, and will liaise with your referring dentist or the Centre's prosthodontic colleagues as appropriate to support a coordinated outcome.

You are welcome to bring questions to your appointment. Understanding your treatment — why it is recommended, what it involves, and what to expect during recovery — is an important part of the process.

At Collins Street Specialist Centre

Dr Vrochari practises within the Endodontics service at Collins Street Specialist Centre, located at Level 8, Manchester Unity Building, 220 Collins Street, Melbourne CBD. She works closely with the Centre's prosthodontic colleagues to ensure that endodontically treated teeth receive optimal restorative management, reflecting the integrated, multidisciplinary approach that defines care at this level.

No referral is required to book an appointment, though many patients are referred by their general or specialist dentist. All specialist credentials are independently verifiable through the Australian Health Practitioner Regulation Agency (AHPRA) public register.